









### **Due Out**





### **Due Out**

Issue: Due to the late night school sports games, is it possible to extend the closure time of 2100 at 467 North Gate? It is very difficult to get back on post by 2100. The side road that goes over to the Main Gate is extremely dangerous at night for young people to drive on.

Response:





# Special Events Update







BIG & RICH
20 Oct
7 PM
Headquarters Field
FREE

Gates open at 5pm
Food Vendors
Shuttle Buses
Open to DOD ID card holders
only
Limited on-site parking





# Fort Polk Spouses' Club Update





### FORT POLK SPOUSES' CLUB

### **Father Daughter Ball:**

• 28 Oct, 1730-2030

"SOLD OUT"

- All ages welcome!
- Dress for event
  - Class As, ASU, Dress Blues (bowtie, no headgear) or suit for gentlemen
  - Easter dress or princess costume for ladies
- \$30 per father/daughter pair, \$5 per additional daughter
  - Includes food, dancing, prizes, and activities
  - Horse and carriage rides will be available
- \$5 extra for a chance to be driven to the ball by limo
- To be added to the waiting list, contact (540)558-8971 or (337)653-6352







# Army Substance Abuse Program Update





## Army Substance Abuse Program Update

Red Ribbon Week

23-31 Oct

- 5K Run
   26 Oct 0630 @ Wheelock Gym
- 1-2-3 Red Ribbon Walk
   29 Oct 0900 @ Warrior Community Center
- National Take Back Day
   29 Oct 0830-1100 @ Warrior Community Center
   1000-1400 @ Commissary





## Retiree Appreciation Day Update





## 36th Annual Retiree Appreciation Day (RAD) 29 Oct 0830 - 1400

## Retiree Services Fair - Family Readiness Center Building 924

Medical Services - BJACH
Bldg 285, 2d Floor Entrance into
Pharmacy and Family Practice Clinic area





### **RAD** and Related Events

### **28 Oct**

Retiree Appreciation Open Golf Tournament - Four (4) Man Scramble Team/Shot Gun Start at 1000, \$30.00 per golfer (includes registration/cart & greens fee, lunch, refreshments, and prizes)

### **29 Oct**

Retiree Services Fair - Garrison Commander's Video Greeting, Legal Assistance, Veterans' Services and Associations, ID Cards, Hunting/Fishing Information, ACS, DFMWR, AER





## RAD and Related Events 29 Oct

Medical Services - Health and wellness screenings/counseling, flu and pneumonia vaccines, hearing info, eye screenings, blood pressure screening, glaucoma and cataract screenings, ask-a-doc, Health Benefits and TRICARE information, additional medical screenings

BJACH Hospital Pharmacy - Open from 0830-1400

**Dental Services - Dental Checks and Panoramic X-rays** 

Lunch - 1st MEB Dining Facility from 1100-1330, cost \$4.25

Shuttle Bus Services - Transportation will be provided from Bldg 924 to BJACH and to 1st MEB Dining Facility and return





### RAD and Related Events

**29 Oct** 

Door Prize Drawings - Drawings will be done randomly throughout the day; winners do not have to be present to win

Post Exchange/Commissary - Special sales/Commissary will provide a caselot sale





### Combined Federal Campaign Update





### 2011 Combined Federal Campaign Update

Dates: 4 Oct - 15 Dec

### Purpose:

 Provide Soldiers and federal employees an opportunity to contribute to local, national, international agencies through CFC

### Goals:

- 100% Contact
- \$300K





### 2010 Combined Federal Campaign Update

### **DFMWR Local Agencies:**

ACS Army Family Team Building
ACS Baby Center
ACS Development, Mobilization, and Readiness
Program
ACS Emergency Food Voucher
ACS Exceptional Family Member Program
ACS Family Advocacy Program Prevention
ACS Family Member Employment Program
ACS Financial Readiness Education
ACS Outreach Activities
ACS Sexual Assault Response Program (SARP





### 2010 Combined Federal Campaign Update

### **DFMWR Local Agencies (cont'd):**

29885	ACS Victim Advocate
62603	ACS Army Volunteer Program
77300	<b>ACS Prevention Education Supportive Services</b>
47157	ACS Relocation Prevention
94163	ACS Survivor Outreach Program
32793	<b>Better Opportunities for Single Soldiers (BOSS)</b>
90375	CYSS Child Development Center
27247	CYSS School Age Services Program
58275	CYSS Middle School and Teens Program

DFMWR CFC Coordinator: 531-8765

**Installation CFC Coordinator: 531-9716** 





# Fort Polk School Support Services Education Update





### **Local Schools' Upcoming Events**

Vernon Parish School Board

Veteran's Day (Student & Staff Holiday)

**11 Nov** 

Thanksgiving Break

(Student & Staff Holiday)

Fall Retest

(LAA 2 & End of Course Testing)

21-25 Nov

1-16 Dec

Beauregard Parish School Board

Report Cards Issued

Veteran's Day (Student & Staff Holiday)

Thanksgiving Holidays

**22 Oct** 

11 Nov

22-26 Nov





### **Testing Resources**

Tutor.com: <a href="www.myarmyonesource.com/cyss\_turor">www.myarmyonesource.com/cyss\_turor</a>. Tutor.com offers one-on-one tutoring, homework help, writing assistance, and 24/7 access to subject-specific resources for k-12.

CYSS Study Strong: Computer Labs/ Homework teachers available for tutoring

Louisiana Department of Education: <a href="www.louisianaschools.net">www.louisianaschools.net</a> or <a href="www.louisianapass.org">www.louisianapass.org</a>. Practice Assessment/Strengthen Skills (PASS)-designed to help students prepare for the LEAP, iLEAP, GEE, and EOC tests. Practice tests with feedback for grades 3-12

Reading Runway - reading tutorials for grades PK-3

Newton's Classroom - mathematics tutorials for grades PK-8





### **Impact Aid**

- Impact Aid is a federal program administered by the Department of Education to assist school districts with a high military student population (400+) and to supplement loss of funds due to lack of property taxes for federal property
- The program is "an in-lieu-of tax" program where the federal government basically pays its "property taxes" to local school districts
- Vernon Parish received approximately 6 million dollars in Impact Aid Funds for 2010-2011 school year







### PARENT TO PARENT<sup>TM</sup>:

Part of the Military Child Education Coalition

- FREE workshops to empower parents to be their child's strongest advocate on educational and social issues:
  - Staying Connected during Deployment, School Transitions, Resiliency
  - Early Literacy, Kindergarten Readiness
  - Parent Involvement, Parent Teacher Conferences & Communication, Portfolios
  - Chart Your Course, College Admission & Financial Aid
- Successful Partnerships with ACS, Chapel Groups, CYSS, FRGs, Library, MOPs, and Schools
- Tell Me A Story (TMAS): Post-wide event using literature

POC: 337-404-3084

polkparenttoparent@yahoo.com www.MilitaryChild.org













### **BOSS Update**

### Horseback Riding

**15 Oct** 

- \$50.00 per Rider (12 Rider Limit)
- Pays for Transportation, Lunch, and Horseback Ride
- Rider must wear:
- Pants/Jeans, Boots/Running Shoes
- Sign-up Deadline is 10 Oct

### **Texas Trail of Terror**

29-30 Oct

- \$50.00 per Person (30 Person Limit)
- Pays for Transportation, Hotel, and Event Admissions
- Halloween costumes are optional
- Sign-up Deadline is 17 Oct





# Army Community Service Update





### **Upcoming Events**

 DVAM Proclamation Signing and Remembrance Ceremony, New Llano City Hall, 1030-1130

3 Oct

ACS Strategic Planning

7 Oct

**ACS CLOSED – WILL PROVIDE EMERGENCY SERVICES** 

AFTB Level III Training, FRC, 0830-1430

11-13 Oct





### **Command Team Seminar**

Interactive Domestic Violence Awareness Training

Target Audience: All Brigade and Battalion Commanders, Directors, and Command Sergeants Major

18 Oct, 0930-1300 @ Warrior Community Center Lunch provided





### **Army Family Action Plan (AFAP)**

- Conference 19 & 20 Oct, 0800-1600, Main Post Chapel
- Currently taking issues for the conference
- Issue drop off Locations
   Commissary
   Exchange
   ACS, Bldg 2160C
   FRC, Bldg 924

Issues can be submitted online at Polk.AFAP@us.army.mil







Comprehensive Soldier Fitness (CSF)
Family Member Resiliency Training
Strong Minds \* Strong Bodies \* Strong Families

The Strength of Our Nation Depends on Resilient Families



- Physical
- Emotional
- Social
- Family
- Spiritual

Learn Skills such as:

**Self-Awareness** 

**Mental Agility** 

**Strength of Character** 

**Hunt the Good Stuff** 

For more information or to register call 531-9492

Army Community Service presents the CSF 3-day Family Member Resiliency Training

Tuesday, November 3<sup>rd</sup>
Tuesday, November 8<sup>th</sup>

8:30am - 3:00pm

**Education Center, Rm 101** 

Lunch Provided
FREE Childcare
(Children must be registered with CYSS)





# Directorate of Family and Morale, Welfare, and Recreation Update





### **Upcoming Events**

•	Domestic Violence Awareness Month (DVAM)	1-31 Oct
•	50M Pool Closed to Swim for Winter Preparations	1-31 Oct
•	Doggie Days (50M Pool)	1-2 Oct
•	Celebrating Literary Classics Presentation	6 Oct
	(Allen Memorial Library, 1600-1700)	
•	CG Golf Scramble (Warrior Hills, 1230)	6 Oct
•	Right Arm Night (Warrior Community Center, 1630)	14 Oct
•	Big & Rich Concert f/Gretchen Wilson (HQ Field)	<b>20 Oct</b>
•	Wheelock Fitness Center Ribbon Cutting (1430)	31 Oct
•	50M Pool Reopening	1 Nov





### **Upcoming Events**

#### **FUTURE EVENTS**

•	US Army Soldier Show (Bayou Theater)	2 Nov
•	CG Golf Scramble (Warrior Hills, 1230)	4 Nov
•	Family Golf Day (Warrior Hills)	5 Nov
•	CG Golf Scramble (Warrior Hills, 1230)	2 Dec
•	Jingle Jam	11 Dec

#### **UNIT SPORTS**

	3-011-3 Dasketball (15t MLD Gylli, 1730)	10 001
•	Volleyball Tourney (1st MEB Gym, 1800)	1 Nov
•	5K Run (Soldiers Complex, 0630)	2 Nov

on 2 Backathall (1ct MED Gym 1720)





### **Upcoming Events**

Mon & Wed
thru 7 Oct
29 Oct
14 Oct - 15 Nov
31 Oct
31 Oct





### Splash Park



- Located at Catfish Cove/LA Park
- Approx 15,000 Sq Ft
- Construction in progress, approx 30% complete
- Estimated completion,
   31 Dec 11
- Polar Bear Splash / Ribbon Cutting, TBD





### **Public Private Venture - Chili's**

- 20 Dec 10 House Armed Services Committee approved
- Apr 11 DPW and contractor's Architect and Engineer (A&E) Firm met at Fort Polk
- 21 Jul 11 GC, DPW & DFMWR conducted teleconference with G-9
- 5 Aug 11 Revised site plan submitted
- Pending contract negotiations







# Public Affairs Office Update





- Texas Renaissance Festival 8 Oct 27 Nov Todd Mission, TX, <u>www.texrenfest.com</u>
- West La Forestry Fest 5-9 Oct
   Vernon Parish fairgrounds; 238-0783
- Leesville Lions Club Rodeo Parade
  4 p.m. Downtown Leesville; 238-0783





- Red River Arts Festival
   1-8 Oct
   Artists, kids activities, music, dance, attracts 180,000
   Through the week; Shreveport
- Beauregard Parish Fair
   Beauregard Parish Fairgrounds, DeRidder;
   www.lafnet.org
- Leesville Lions Club Rodeo

   Fairgrounds, 7:30 p.m. each day. Riders from across
   the Country compete; 238-0783





- Witch Way to Main Street 31 Oct Downtown Leesville, 5:30 p.m. to 7:30 p.m.
- Louisiana State Fair

   27 Oct 13 Nov
   Festival Plaza, Shreveport; three outdoor stages, food,
   rides, games and more; <a href="www.statefairoflouisiana.com">www.statefairoflouisiana.com</a>





## Public Affairs Update Area concerts

- Cynthia Woods Mitchell Pavilion, Spring Texas
   15 Oct, Judas Priest, 6 p.m.
  - 18 Oct, Adele, 7 p.m.
  - 30 Oct, Zac Brown Band, 7 p.m.

Peter Frampton
 Paragon Casino, Tickets \$40

**15 Oct** 





- www.thefortpolkguardian.com, www.twitter.com www.facebook.com (Search Fort Polk Guardian and JRTC and Fort Polk)
- Submit your Family Readiness Group events to the Guardian. Email <u>polk.ci@conus.army.mil</u>
- Submit free trading post ads (Guardian classifieds) to the <u>tradingpostads@yahoo.com</u>. Deadline is Tuesday at noon. No commercial (or home) businesses
- Let PAO know what's going on for coverage in the Guardian or WSTV. Unusual human interest story? Interesting training? Call 531-1392





## Directorate of Public Works Update





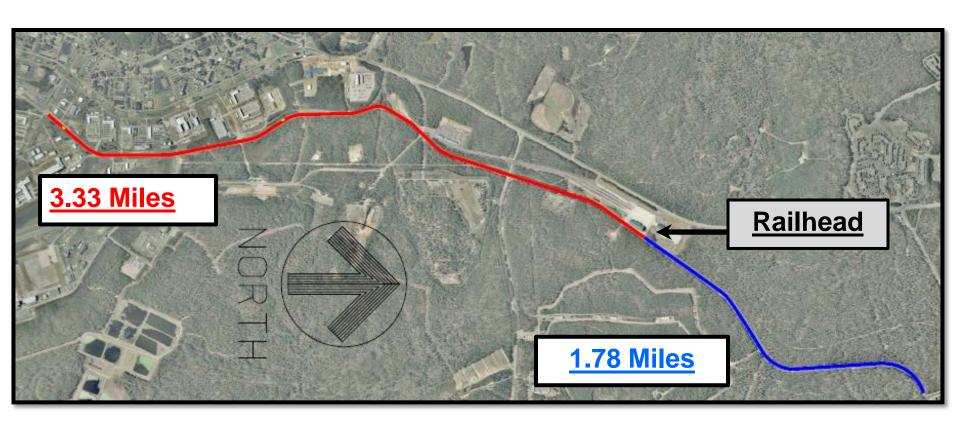
#### **Texas Avenue Repairs**

- Repair/Overlay of Texas Ave, 5.11 Miles
- Start date 26 Sep 11, Completion date 30 May 12
- Phase I Start Point: Intersection of Louisiana & Texas Avenues, 3.33 Miles
- Phase I End & Phase II Start Point: Intersection of Cavanaugh & Texas Avenues
- Phase II End Point: Intersection of A Avenue & Texas Avenue, 1.78 Miles





#### Repair/Overlay of Texas Ave, 5.11 Miles







#### White Paper Recycling Pilot Program

- Pilot Program Starts 3 Oct 11; Ends 6 Feb 12
  - Bldg 350
  - B-JACH
  - North & South Fort Elementary Schools
- Expand installation wide at end of pilot program
- Organizations not involved in the pilot program can bring white paper to Bldg. 1455 (old Mini-Mall) on Tuesdays





#### **Heritage Day**

- Theme: Heritage Reunion
- Sat & Sun, 22-23 Oct
- Sat events which begin at 0730 will be held at Main Post Chapel; Sun events which begin at 1000 and will be held at Memorial Park
- Heritage Day honors & memorializes the sacrifices made by the Heritage Families during the establishment of Fort Polk in the 1940s
- Heritage Day events are open to the public





#### **Heritage Day**

Sat, 22 Oct – Main Post Chapel, Fort Polk, LA

- 0730-0830 Registration
- 0845-0900 Deceased Heritage Family video
- 0900-1000 Heritage Ceremony
- 1000-1530 Reunion Booths & Refreshments
- 1200-1330 Lunch on the grounds
- 1200-1630 Self-Guided Cemetery/Homestead Tours











#### **Heritage Day**

Sat, 22 Oct - Main Post Chapel, Fort Polk, LA

#### **Reunion Booths include:**

Heritage Family booths, Genealogical Society, Heritage Veterans booth, Roy McDaniel's display, Quilters booth, Heritage Program Website booth (polkhistory.org), Rickey Robertson display & oral interviews, Fort Polk maps display, Tour Registration booth, CEAHI (Kids) interactive booth

Outdoor Demonstrations include: GPR, Shingle Making, Headstone Cleaning

#### **Outdoor Activities include:**

Heritage music-including Heritage band, sing along, story telling time, door prize drawings, fellowship





#### **Heritage Day**

Sun, 23 Oct - Memorial Park, Fort Polk, LA

- 1000-1100 Worship Service
- 1100-1215 Brownbag Lunch
- 1215-1630 Bus & Self Guided Cemetery/Homestead Tours









## INSTALLATION FALL CLEANUP OPORD 11-115

- 11-14 Oct from 0900 to 1700 on South Fort Cantonment Area
- Eight different turn-in locations for debris
- Shrub pruning guide w/pictures is available





#### Picerne Program Update





#### **Picerne Program Update**

#### **Construction (Cypress/Dogwood)**

- Fairway Ct. E9 Homes 20 total end of Sep
- Armistead, Warren, Cochran 24 homes delivered to-date

#### **Renovations (Palmetto)**

Dietz St - 3rd bedroom addition,
 16 total homes (4 buildings)
 delivered end of Sep











#### **Picerne Program Update**

#### **Events**

- Pumpkin Patch 1700 2000
   Field off Bell Richard
  - (Between Harrell St and Evans St.)
- Columbus Day Holiday
   Neighborhood Office Hours 0900 1300

   Leasing and Relocation Office –Closed
- Neighborhood Talks 1130 1300
  - Maple Terrace
     1 Nov
  - Camellia Terrace
     3 Nov
  - Cypress Terrace7 Nov
  - Palmetto Terrace
     8 Nov
  - Dogwood Terrace
     10 Nov





#### **Resident Responsibility Program**

(Summary does not include older homes on 6 month suspension)

#### **August**

#### **Total**

	Statements	<b>No Action</b>	Billed	Refunds
Camellia				
<b>Cypress</b>	9	6	1	2
Dogwood	30	18	4	8
Maple				
<b>Palmetto</b>	279	190	36	53

Service Period 08/01/11 - 08/31/11	Monthly Actual	Avg. Dollar Value (\$)
Number of Actual Statements Sent	318	
# of Resident Rebates Provided	63	\$43.36
# of Resident Charges Provided	43	\$43.11
# of Resident Statements Provided	214	





#### Staff Judge Advocate Update





#### Staff Judge Advocate Update





#### FREE PREVENTATIVE MAINTENANCE ON YOUR CREDIT





#### 162d Infantry Brigade Update





#### 162d Infantry Brigade Update

#### **Resident Training**

#### **Current Resident Classes**

- Class 131 thru 14 Oct
- Class 132 thru 28 Oct
- Class 133 thru 10 Nov
- Class 134 thru 2 Dec





#### **162d Infantry Brigade Update**

**FRG Meetings and Events** 

- 14 Oct, 1730-1900, HHC 6th BN Family Movie Night at Building 8209 on Alexandria Ave
- 17 Oct, 1630-1800, 2d BN FRG Meeting at FRC, Building 924 on Mississippi Ave
- 20 Oct, 1800-1900, 1st BN FRG Steering Committee at BN Headquarters, Building 7802A on G Ave
- 28 Oct, 1630-1730, 4th BN Halloween Fun Run at Honor Field on Highway 10





# 4th Brigade, 10th Mountain Division (LI) Update





## Family Readiness Group Activities Battalion Steering Committee Meetings

- 3-89 CAV SCM 5 Oct, 1100, SQDN HQ
- 4th BSTB SCM 5 Oct, 1800, BN Conference Room
- 94th BSB SCM 21 Oct, 0900, @ PX Food Court
- 2-4 IN SCM 10 Oct, 1200, BN Classroom





#### Family Readiness Group Activities

#### **Battalion FRG Meetings**

- 94th BSB BN FRG meeting 24 Oct, 1800, FRC
- 3-89 CAV BN, HHT TRP FRG meeting 11 Oct, 1800, SQDN
- 3-89 CAV BN, A TRP FRG meeting 10 Oct, 1800, SQDN





## Family Readiness Group Activities Battalion Events

 2-30 IN BN – Oct, Redeployment/Reintegration Training





#### 1st Maneuver Enhancement Brigade Update





#### 1st MEB Community Events/Oct

HHC, 1st MEB     FRG Kids Fun Day (Pumpkin Patch)	22 Oct
HHC, FRG Meeting (Practical Readiness) @ FRC 1800	27 Oct
• 88th BSB BN	
Annual Haunted House in conjunction w/Picerne's Pumpkin Patch 1700-until. FRG's running a Concession Stand	21 Oct
21 & 22 Oct	
• 46th EN BN	
FSC FRG Lunch Fundraiser 1130-1300	17 Oct
• 519th MP	
204th Co- Father/Son FTX	8 Oct
204th Co- Mother/Daughter Tea	15 Oct
• 83rd CBRN BN	

BN Org Day/Family Fun Day-BN Area

6 Oct





#### 1st MEB FRG MEETINGS

88th Brigade Support Battalion

18-26 Oct

• B Co - 18 Oct; A Co, 546th MC, 337th SIG - 19 Oct; 41st TC - 25 Oct; HHD - 26 Oct

519th MP Battalion

12 Oct-25 Oct

- 209th 12 Oct; 258th 13 Oct; 204th 17 Oct; HHD 18 Oct; 91st 21 Oct
- 272nd 25 Oct

46th EN Battalion

**12 Oct** 

FSC - FRG Meeting

83rd CBRN Battalion

**18 Oct** 

• 51st - 18 Oct; HHD - 18 Oct





#### 1st MEB SCM/OCT

<ul> <li>88th BSB Steering Committee Meeting</li> <li>1600 in BN Conference RM</li> </ul>	5 Oct
<ul> <li>83rd CBRN Steering Committee Meeting</li> <li>@ 1130 in WCC Conference RM</li> </ul>	11 Oct
• 519th MP Steering Committee Meeting @BN CR 1130	12 Oct
<ul> <li>46th EN BN Steering Committee Meeting</li> <li>@ BN Classroom</li> </ul>	18 Oct
• 1st MEB Steering Committee Meeting	8 Nov





# JRTC Operations Group Update





## Rotation 12-02 4/4 ID (OEF)

25-27 Oct Main Body Arrives

2-15 Nov Live Fire

4-10 Nov STX Training

5-9 Nov CPX Training

12-18 Nov Force on Force

Increased vehicle and air traffic





# 115th Combat Support Hospital Update





#### **Training**

Army Warrior Tasks & Battle Drills

3-6 Oct

CAO/CNO Training

5-6 Oct

Annual APFT

17-20 Oct

CTS Domestic Violence Awareness Month Training 18 Oct

Army Family Action Plan Conference

19-20 Oct





#### 115th CSH Family Readiness Groups

Steering Committee Meeting	13 Oct
• 33rd/485th FRG Meeting	20 Oct
HHD/B Co FRG Meeting	27 Oct
• A Co FRG Meeting	28 Oct





#### Installation Chaplain Update





#### **Catholic Events**

- Family Night, Saturday, 29 Oct, 1800, MPC
- New Catholic Religious Education Coordinator (REC)
  - 531-9150/397-3055





#### **Contemporary Protestant Events**

- Worship Service, Sundays, 1045, MPC.
  - Sunday School, 0930-1030, MPC (time changed as of 11 Sep)
- Protestant Women of the Chapel (PWOC), Tuesdays, 0900-1130,
   MPC (childcare provided)
- Men's Bible Study, Wednesdays, 1130, MPC (meal provided)
- AWANA, Wednesdays, 1715, MPC (meal provided)
- New Protestant Religious Education Coordinator, (REC)
  - 531-9150/424-0624
- Point of Contact, 337-531-4228





#### **Gospel Protestant Events**

- Gospel Worship Service, Sundays, 1400, MPC
  - Temporary location as of 2 Oct
  - Will relocate to Glory Chapel late Jan 2012
- Fellowship Meal (3rd Sunday of month) (16 Oct)
- Bible Study, Tuesdays, 1830
- Prayer Meetings, Wednesdays, 1130
- Praise and Worship team practice, Thursdays, 1830
- Point of Contact, 337-531-0785





#### **Family Life Center**

'Peace & Harmony for the Blended Family'
"Where Everybody Feels at Home"

VIDEO Teaching by Psychologist, DR. KEVIN LEMAN Facilitator: CH (LTC) Behnken, Family Life Chaplain

• When: 10, 17 Oct, 1830-2000

Where: Main Post Chapel 7217 Radio Rd.

Cost: Child Care Provided

Call 531-2669/531-2006 to register





#### **Chapel Events**

- Glory Fest, Saturday, 15 Oct, 1200-1600, MPC
- Virtual Spiritual Fitness Center <u>http://www.spiritfit.army.mil/</u>
- http://www.jrtc-polk.army.mil/Garrison/chaplain/index.htm





## Bayne-Jones Army Community Hospital Update





#### **Bayne-Jones Army Community Hospital**

#### **TRICARE Mail Order Pharmacy - Cost Savings**

- Generic Medications
  - Effective 1 Oct no cost for generic formulary drugs purchased through TRICARE Mail Order pharmacy
  - Generic drugs purchased at retail pharmacies co-pay is \$5
- Name Brand
  - Name brand formulary drugs purchased from retail pharmacies have a co-pay of \$12 for a 30-day supply





#### **Bayne-Jones Army Community Hospital**

- Name brand formulary drugs purchased through TRICARE mail order pharmacy have a \$9 copayments for a 90-day supply
- Non-formulary medications have a \$25 co-pay for both retail and home delivery.
- Columbus Day Closure
  - All outpatient clinics and lab will be closed 7-10 Oct for the Columbus Day holiday weekend.
  - Outpatient Pharmacy is open 0730 to 1600 on 7 Oct and 0830-1230 on 8 Oct
  - Pharmacy is closed 9-10 Oct





#### **Bayne-Jones Army Community Hospital**

#### **OHI (Other Health Insurance) Month**

- Department of Defense requires annual signing of DD Form 2569-Third Party Collection Program for Family members. Valid for 1 year from date signed
- Parents or legal guardians may sign forms for minor children. SSN required for all beneficiaries
- OHI cards issued to all beneficiaries except Active Duty, even if only insurance is TRICARE. OHI office located on 2nd Floor, Rooms A-2/3. Open weekdays from 0800-1200 and 1300-1600





#### **Bayne-Jones Army Community Hospital**

Retiree Appreciation Day 29 Oct Medical services at BJACH, 2nd Floor Family Medicine Clinic area and 1st Floor EENT Clinic area

#### Services available:

- Health and wellness screenings/counseling
- Blood pressure screenings/cholesterol testing
- Glucose testing and screening
- Cataract screening
- Radiology services





#### **Bayne-Jones Army Community Hospital**

#### **Retiree Appreciation Day (cont)**

- Ask-A-Doc
- Immunizations
- Pneumonia Vaccine
- Flu Vaccine (if available)
- Outpatient Pharmacy will be open 0830-1400





## Dental Activity (DENTAC) Update





#### **DENTAC INFOBYTE**

- How many students traumatically lose teeth every year?
  - 15 million injuries and 5 million lost teeth (2 million sports related)
- What is the lifetime cost of a lost tooth?
  - \$10,000 to \$20,000
- How can this tooth loss be prevented?
  - MOUTHGUARDS





#### **DENTAC INFOBYTE**

#### **Mouthguard Types:**

- Stock better than nothing
- Mouth-formed better
- Custom Made the Rolls Royce





## Directorate of Emergency Services Update





#### Directorate of Emergency Services

Police/Security

- 4/10 Return
  - Adjustment Period
  - 33% Expected Traffic Increase
    - Increased congestion, Traffic Accidents, Travel Time
    - ACP In-bound Processing Times (peak) 0700-0900 / 1115-1300
  - Plan Access, Egress and Travel Time Accordingly
- DES CMD Policy 04 Access Control (overview)
- Vehicle Registration / Decal (Phase-Out)
  - DoD Affiliated Personnel
  - Contractors and FoFP
  - Mobilisa Identification Card Issued
  - Day/Extended Passes





- Fiscal Responsibility
- DoD/IMCOM Deficit Reduction
- DES FY13 TDA Reduced Manpower
- Peak Hour Manning

Access Control Point	HOURS OF OPERATION	
	Current	1 October 2011
ACP 1 Main Gate	24/7	24/7
ACP 2 467 North	0500-2100	0500-2100 <b>0700-1900 SAT/SUN</b>
ACP 4 LA10 & Lookout	0500-1800	0500-1800 CLOSED SAT/SUN
ACP 5 467 South	0500-2100	0500-1900 <b>0700-1900 SAT/SUN</b>
ACP 6 Chaffee Road	0500-2100	0500-1900 <b>0700-1900 SAT/SUN</b>
ACP 7 Alligator lake	24/7	24/7





#### Directorate of Emergency Services

- Community Emergency Actions:
- Giant Voice-Siren and Instructions
  - Active Shooter
    - Evacuate AWAY from threat
    - If Cannot Evacuate-Hide Out-turn off Cell Phone
    - Block Entry/Lock Doors
  - Shelter in Place
    - Go Indoors Immediately/Close All Doors/Windows
    - Turn off Ventilation Systems
    - Go to Inside Room
    - Turn on Radio/TV-Await Further Instructions



#### Joint Readiness Training Center & Fort Polk



#### **Home of Heroes**

#### Directorate of Emergency Services

Hunting Season: Dates:

Archery 17 Sep - 15 Jan

Squirrel 1 Oct - 29 Feb

#### Deer (gun)

Primitive Weapon 8 - 14 Oct

Either Sex deer 29 - 30 Oct and 25 - 27 Nov

Bucks Only 31 Oct - 24 Nov and 10 Dec - 1 Jan

 Feral hogs may be taken by properly licensed hunters using shot appropriate for season in progress beginning with Archery.

Additional Info:

Phone: 337-531-5222/5715

Web Site: <a href="http://www.jrtc-polk.army.mil/des\_website/gameenf.html">http://www.jrtc-polk.army.mil/des\_website/gameenf.html</a>





#### Command Safety Office Update





#### Safety

- FALL SAFETY
  - Chainsaws
  - Burning leaves
  - Holiday (Halloween)
- Chain Saw Safety
  - Always wear Personal Protective Equipment (PPE)
  - Always cut down not up
  - Keep your saw sharp and never remove any safety device
  - Avoid cutting on the tip
  - Seek an experienced tutor
  - Use wedges when felling trees

http://www.ag.ndsu.edu/pubs/ageng/safety/ae1025w.htm





#### Safety

- LEAF BURNING
  - Observe local burn bans
  - Be aware of smoke and near by roadways
  - Leaf burning can cause health hazards (Use PPE)
  - Reduce your volume by shredding first
  - Avoid using gasoline to start the leaves and light immediately (have a hose close by)
  - http://www.ehow.com/how\_2056992\_safely-burn-autumnleaves.html
- HOLIDAY (Halloween)
  - Wear high visibility reflective costumes (good eye view)
  - Ensure parent accompany children
  - Use a light stick and or flash light
  - Only eat sealed treats
  - http://www.halloween-safety.com/





#### **Exchange Update**





#### **Exchange**

Kodak Photo Kiosk Installation

5 Oct

 Ladies Fashion Trunk Show 7-21 Oct (25-40% off MSRP on Select Branded Clothing)

Beer Fest
 Sponsored by Exchange Class VI/FMWRC at the WCC,
 1700-2000. Tickets (\$10) available at Mulligan's and WCC

Annual Pet Show (Games/Family Fun)

15 Oct





#### **EXCHANGE**

Fort Polk Retiree Day

**29 Oct** 

Case Lot Sale (Bulk Items)

29-30 Oct





#### **Dream Machine Recycling**

- The Exchange has installed Dream Machine's at the Express Stores:
  - Mini Mall, 24 HR Express, Express 2, and Express 3
- The machines are capable of recycling plastic bottles and aluminum cans
- Customers who recycle will receive reward points which may be redeemed at <u>www.greenopolis.com</u>
- PepsiCo through its Dream Machine program will be donating funds to the EBV, (Entrepreneurship Bootcamp for Veterans with Disabilities)







#### Fort Polk Commissary Update





#### **DeCA**

- Shop the Commissary for all of your Halloween Candy, located in the Warehouse Extension
- Retiree Appreciation Day Caselot Sale
  - Saturday, 29 Oct: 0900-1900
  - Physically Challenged patrons may enter the commissary 30 minutes prior at 0830 hours





#### **DeCA**

- Columbus Day Holiday Weekend Hours:
  - Friday, 7 Oct: 0930-2000
  - Saturday, 8 Oct: 0900-2000
  - Sunday, 9 Oct: 1000-1800
  - Monday, 10 Oct: CLOSED
  - Tuesday, 11 Oct: 0930-2000





#### **Audience Open Session**





# Next CAC will be conducted at 0900 on Wednesday, 2 Nov 11 at Warrior Community Center